

UPDATE ON FOOD FOR THOUGHT JULY 16

Food parcels

At Team Council in May we agreed to become part of the Wythenshawe Food Bank. This is a new charity working with existing food banks in the area using the Trussell Trust model. People in need can receive food parcels via a voucher system. We are issuing around 6 food parcels each week on Fridays and Saturdays and this is slowly increasing. We will review our partnership work on this in January

Care and support

On Tuesdays we run a drop-in for anyone wanting some company and a light snack. This is open to anyone. You can meet people and get to know whats going on in the area. Do come along any Tuesday between 4.30pm and 5.30pm to St Luke's Church Hall

Feeding our faith

From September there will be an additional slot called Feeding our Faith which will take place after the regular drop-in. This will be 30 minutes of sharing our week's blessings and stressings and our favourite parts of the Bible and listening to different styles of music

August Breakfast Club

St Lukes will be open for breakfast at 10am every Thursday in August. A free breakfast of cereal and toast will be on offer for anyone who may need it, families and individuals alike. A chance for people to get something to eat and get out of the house — school holidays can be a lonely and stressful time. If you can spare

some time to help from making food to welcoming and chatting to people do get in touch

Summer Appeal for donations

We are generously supported in our work by our congregations and local community. If you would like to donate over the Summer we would be grateful of the following

UHT milk

Juice/squash

Small jars coffee

Tea bags

Tinned ham/corned beef/meat paste

Any cash donations received in July/August will be directed towards our Summer breakfast club to buy perishable items such as milk and fresh fruit. In addition we would welcome contributions of biscuits, books/magazines/colouring books/crayons/pens/crosswords etc

Our award winning young people showing the Spirit of Manchester

We are really proud that Oliver Bradley a long-standing young volunteer at our Tuesday Food For Thought drop-in has been shortlisted for Volunteer Of The Year category at the annual Spirit Of Manchester Awards. A short film will be made about the work Oliver does over the Summer and people will vote during an Awards Ceremony in October. We will keep you posted!

Finally

If you want to talk to us about any aspect of our work, or if you know of someone in need of a referral for a food parcel please get in touch with Tracey on 07476305947 or email wyth_anglicandevelopment@yahoo.com